

# american spa


[www.americanspamag.com](http://www.americanspamag.com)

## MIAMI HEAT

THE SPA AT DAVID BARTON  
GYM (MIAMI BEACH, FL)








DESTINATIONS

# San Diego

This sunny SoCal city by the sea provides visitors with plenty of idyllic wellness ports at several spa retreats.



## Far-East Appeal

San Diego relaxation-seekers looking to fill their spa passports with exotic experiences get a stamp of serenity at **Sè SPA** at the new Sè hotel. This 5,500-square-foot haven was created with the Silk Road in mind, featuring design and treatment offerings that are based on the cultural and aesthetic influences of Southeast Asia, India, North Africa, and Japan. The spa features nine personal treatment rooms with private steam showers, including two specialty suites with private VIP lounges. Upon arrival, guests are invited to enjoy a Soma shot, made with an exotic mixture of honey, pomegranate, and organic vodka. An entirely organic bar and dining menu, featuring special Spatinis and a Blooming Tea Bar, are also available. Before and after treatments, guests can chill out on the Moroccan-style chaises in the relaxation lounge. It's the perfect spot to achieve a state of well-being. —Julie Keller

To ensure post-treatment privacy, the chaises in Sè SPA's relaxation lounge can be separated by sheer fabric curtains.